



OPAL Institute
Oregon Passionate Aging and Living

Dr. Amy Friday
www.opalinstitute.com

NW Portland Office location:

1977 NW Overton Street, Suite A
Portland, Oregon 97209

Contact Information:

PHONE: (503) 308-4251
FAX: (503) 591-8628

At the intersection of NW Overton Street and NW 20th Avenue, you'll see OPAL Institute/Dr. Amy Friday on the outside sign. Dr. Friday is located in the yellow house (1977).

Go into the main door – you'll automatically be in the waiting room. Have a seat and Dr. Friday will be with you at the time of your scheduled appointment.

Parking:

There is 1 parking space available in front of the house on the left side of the driveway, reserved for guests of 1977. Feel free to use it if it is open. Do not use the parking space on the right side of the driveway. Otherwise you can park on the street (some is free and some is paid parking, depending on where you park).

Portland Streetcar Information – Nearest Streetcar Stop:

NW 21st & Northrup
Stop ID: 10777
<https://portlandstreetcar.org/>

Tri-Met Bus Routes – Nearest Bus Stops/Lines:

NW 23rd & Overton
Bus 15 - Belmont/NW 23rd
<https://trimet.org/schedules/r015.htm>

NW 21st & Northrup
Bus 77 - Broadway/Halsey
<https://trimet.org/schedules/r077.htm>